

Aloha Groups at Calvary

THE ADULT FORUM Christian education aimed at adults in our congregation. It is open for topics that increase spiritual growth, expand knowledge and broaden awareness and compassion for others outside our personal comfort zone. Watch the Sunday activity bulletin, and newsletter for topics.

ANGEL NETWORK CHARITIES Donations through “*The Whale*” at Sunday Worship are greatly appreciated. To offer your time and assistance to the group contact our Manager, “Mac” Macalino at 386-8644.

BIBLE STUDY CLASS Please come and join Pastor Tim at his weekly Bible Study. These classes are held every Friday at 10:30 am in the Hawaii Kai Retirement Center, 3rd floor, Phase 1 building. Please call the church office at 377-5477 for more information. Schedule may occasionally change.

BOOK OF THE MONTH GROUP The Book of the Month Group will meet the last Thursday, March 29, 2018 at pm at Assagio’s in Koko Marina. For more information please call Cindi John at 808-225-8240.

CALVARY IN THE SEA (CITS) Join in caring for our beautiful bay and ocean front by removing invasive species of seaweed while learning about our reefs. Contact Michael at 808-312-0859.

GLOBAL MISSIONS TEAM For more information on Global Missions Committee Meetings, contact Ted Hsia, 597-1452, TedHsia@gmail.com.

KE ALA OLA Our focus is to support one another in living a holistically healthy life so that by God's Grace we have the strength and vitality to be a blessing to others. Wellness is realized by balancing a range of factors called The 10 Commitments. We meet at fellowship events and communicate through a closed Facebook group to learn, share, and care for one another. Anyone is welcome to join, contact Kauai Lucas at 282-2007.

MEN'S ADVENTURES IN SPIRITUALITY A group not for everyone. Meets Saturdays at 7:30 am on the Marina side of Cha Cha Cha Salsaria in Hawaii Kai. Ed Kimsey, 732-0268.

MINDFUL BRAINDANCE Join Pulelehua every Wednesday from 5pm –6pm On the grass, Oceanside of the Calvary by the Sea.

PRAYER CIRCLE Come join Pastor Tim at his weekly Prayer Circle held each Thursday morning at 10:30 am. Prayer is held in the Hawaii Kai Retirement Community, Phase 2 building. We pray for those in need (those on our confidential prayer list), our Calvary ‘Ohana, the needs of the community, and the world.

STEPHEN MINISTERS Stephen Ministers are trained to provide confidential, one-on-one care, prayer, and support to those who are going through a difficult time. If you would like a Stephen Minister to support and help you carry your burden or if you are interested in serving as a Stephen Minister, please contact Pastor Tim or John Travis at 371-2557.

YOGA BY THE SEA Expand your physical, mental and spiritual horizons through Maya Yoga. Classes are offered Wednesday evenings at 6:45 pm and Saturday mornings at 8:30 am in Hale Aloha. You will be guided by certified yoga teachers Martha Staff and Laura Sprowls. Maya Yoga blends mindfulness, alignment and flow in an accessible and gentle style. Open to all ages, no previous experience required. First class free, subsequent classes are by donation to support CBTS and Angel Network. For further information call 372-1280.

ZUMBA BY THE SEA Join fitness instructor, Brenda Molina for Zumba by the Sea! Classes are held on Thursdays at 6:30 pm in Hale Aloha. Zumba is Latin inspired dance fitness, great for all fitness levels. Wear appropriate workout attire, bring water and a workout towel. Classes are FREE but donations are graciously accepted and benefit Angel Network Charities and Calvary By The Sea! Call or text Brenda at 675-8801 if you are interested in trying this fun, exhilarating class!